



WHOLE HEART

MENTAL HEALTH & WELLNESS

FAX COMPLETED REFERRAL FORM TO: 289-372-0463

For faster booking, ask your patient to email intake@wholeheartmentalhealth.com.

PATIENT INFORMATION

NAME (LAST, FIRST): _____

PHONE #: _____

DOB (YYYY/MM/DD): _____

HEALTH CARD #: _____ VC: _____

ADDRESS: _____

EMAIL (REQUIRED): _____

REASON FOR REFERRAL

PSYCHIATRY CONSULTATION (OHIP). Consultation only; care is returned to the referring provider.

- ☐ **Child & youth psychiatry (22 and under):** anxiety, depression, OCD and ADHD
- ☐ **Adult psychiatry (23 and older):** anxiety, depression and OCD. **Does not include ADHD.**

NURSE PRACTITIONER SERVICES (PRIVATE FEE). Not covered by OHIP; no referral needed.

22 and under (Bridget Doan, NP):

- ☐ Mental health and ADHD assessment
- ☐ Medication consultation (already assessed)
- ☐ Therapy (anxiety, ADHD)

23 and older:

- ☐ Mental health and ADHD assessment
- ☐ Medication consultation (already assessed)

CURRENT and PAST MEDICATIONS:

MEDICAL HISTORY:

Has this patient seen or is seeing a psychiatrist? YES / NO (if yes, please send reports)

IS THIS A WHOLE HEART CLIENT? YES / NO

BRIEFLY DESCRIBE CURRENT SYMPTOMS:

CHECK ALL THAT APPLY:

- ☐ General worries
- ☐ OCD: repetitive thoughts or rituals
- ☐ Panic attacks
- ☐ Social: shy, school avoidance
- ☐ Mood: sad, unhappy
- ☐ ADHD: attention, hyperactivity, impulsivity

REFERRING MD / NP INFORMATION

NAME: _____

PHONE: _____

FAX: _____

ADDRESS: _____

BILLING #: _____

I acknowledge:

- ☐ Psychiatry is consultation only, and I will resume care of the patient.
- ☐ Whole Heart does not provide services for psychosis, bipolar disorder, substance use disorders, eating disorders, or custody, access or court matters.
- ☐ For minors, consent from **all** legal guardians is required. In separation or divorce, all guardians are informed and agree to proceed.

OTHER PRIVATE SERVICES (NOT COVERED BY OHIP, NO REFERRAL NEEDED)

Patients can self-refer at wholeheartmentalhealth.com (Start your intake) or by emailing therapy@wholeheartmentalhealth.com.

- ☐ Individual, couples and family therapy
- ☐ Executive functioning and academic coaching
- ☐ Parent coaching
- ☐ Psychoeducational assessment
- ☐ Registered nutrition consultation
- ☐ Somatic therapy
- ☐ Occupational therapy services
- ☐ Naturopathic consultation
- ☐ Pharmacy consultation