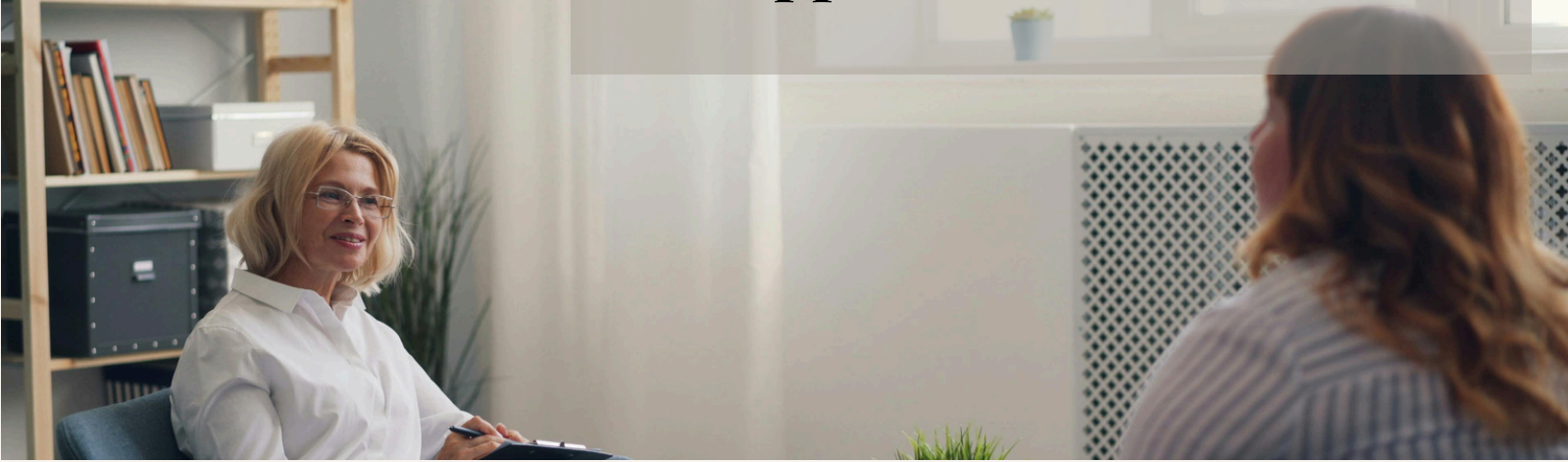




WHOLE HEART
MENTAL HEALTH & WELLNESS

Trusted Mental Health Support for Your Patients



OHIP Psychiatry Consultation (all ages)



- Consultation and recommendations
- Exclusions: active psychosis, bipolar disorder, substance use disorders, eating disorders, and medico-legal/court-related assessments, ADULT ADHD

ADHD



- ADHD assessment and follow-up with NP all ages (fee applies)
- OHIP: ADHD assessment for ages 22 and under (MD/NP referral required)
- OHIP: ADHD medication management for ages 13 and under (MD/NP referral required)

Nurse Practitioner Services (Fee)



- Mental health and ADHD assessments (all ages)
- Medication monitoring

Therapy Services (Fee)



- For children, adolescents, adults
- CBT, DBT, EMDR, trauma, parent coaching, executive functioning, OT, couples, and family therapy

Wellness (Fee)



- Naturopathic • Nutrition • Somatic therapy • Martial Arts (6-12)

Next Steps

OHIP Psychiatry

MD/NP referral required

Fax: 289-372-0463

Therapy / Wellness / Private Services

Services may be covered under extended health insurance benefits

Email: therapy@wholeheartmentalhealth.com

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