



WHOLE HEART
MENTAL HEALTH & WELLNESS

FAX COMPLETED REFERRAL FORM TO: 289-372-0463

For faster service, ask patient to email intake@wholeheartmentalhealth.com for appointment

PATIENT INFORMATION

NAME: _____ , _____
(LAST) (FIRST)

DOB (YY/M/D): _____ / _____ / _____

ADDRESS: _____

PHONE #: _____

HEALTH CARD # _____ VC: _____

EMAIL (REQUIRED): _____

REASON FOR REFERRAL

A. OHIP PSYCHIATRY CONSULTATION for 22 years and younger):

- DIAGNOSTIC ASSESSMENT/CLARIFICATION
- MEDICATION REVIEW
- ADHD MEDICATION CONSULTATION (if already diagnosed with full psychoeducational assessment, kindly include)
- SECOND OPINION (INCLUDE PAST REPORTS)

B. ADULT SERVICES (23 YEARS +)

- ADULT ADHD ASSESSMENT BY NURSE PRACTITIONER (\$600)
- ADULT PSYCHIATRY ASSESSMENT BY NURSE PRACTITIONER (\$400)

C. BRIEFLY DESCRIBE CURRENT SYMPTOMS:

D. CHECK ALL THAT APPLY:

- General worries
- OCD: repetitive thoughts or rituals
- Panic attacks
- Social: Shy, school avoidance
- Mood: sad/unhappy
- ADHD: attention/hyperactivity/impulsivity

E. CURRENT/PAST MEDICATIONS:

F. MEDICAL HISTORY:

G. Has your patient seen or is seeing a psychiatrist YES / NO

H. IS THIS A WHW CLIENT? YES / NO

I. Our clinic has an in house family doctor available for short term medication follow up of selected patients (22 years and younger). Please indicate if you are interested in this service for your patient YES/NO

REFERRING MD/NP INFORMATION

NAME: _____

PHONE: _____

FAX: _____

ADDRESS: _____

BILLING #: _____

- I acknowledge:
- this is for consultation only and I will resume care of the patient.
- WHW cannot provide service for psychosis, bipolar disorder, substance disorders, or eating disorders.
- Patient is 26 years old or younger (for Psychiatry only)

THERAPY is not covered under OHIP, but may be covered under insurance/health spending accounts. Patients can self-refer by emailing intake@wholeheartmentalhealth.com

- Individual, couple, family, parent counselling
- Trauma therapy
- Executive Functioning/Academic coaching
- Psychoeducational Assessment
- Registered Nutrition Consultation

- Groups:
- DBT Skills (14+)
 - DBT Skills (18-24)
 - DBT Skills (Parents)
 - Study Skills Group
 - Parenting class
 - Sanchin Martial arts (6-12 years old)