



**WHOLE HEART**  
MENTAL HEALTH & WELLNESS

**FAX COMPLETED REFERRAL FORM TO: 289-372-0463**

For faster service, ask patient to email [intake@wholeheartmentalhealth.com](mailto:intake@wholeheartmentalhealth.com) for appointment

**PATIENT INFORMATION**

NAME: \_\_\_\_\_ , \_\_\_\_\_  
(LAST) (FIRST)

PHONE #: \_\_\_\_\_

DOB (YY/M/D): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

HEALTH CARD # \_\_\_\_\_ VC: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

EMAIL (REQUIRED): \_\_\_\_\_

**REASON FOR REFERRAL**

**PSYCHIATRY CONSULTATION (OHIP):**

- DIAGNOSTIC ASSESSMENT/CLARIFICATION
- MEDICATION REVIEW
- ADHD MEDICATION CONSULTATION (if already diagnosed with full psychoeducational assessment, kindly include)
- SECOND OPINION (INCLUDE PAST REPORTS)

**CURRENT MEDICATIONS:**

**PAST MED TRIALS:**

**BRIEFLY DESCRIBE CURRENT SYMPTOMS:**

**MEDICAL HISTORY:**

**CHECK ALL THAT APPLY:**

- General worries
- OCD: repetitive thoughts or rituals
- Panic attacks
- Social: Shy, school avoidance
- Mood: sad/unhappy
- ADHD: attention/hyperactivity/impulsivity

**Has this patient seen or is seeing a psychiatrist YES / NO**

**IS THIS A WHW CLIENT? YES / NO**

**REFERRING MD/NP INFORMATION**

NAME: \_\_\_\_\_

BILLING #: \_\_\_\_\_

PHONE: \_\_\_\_\_

- I acknowledge:
- this is for consultation only and I will resume care of the patient.
- WHW cannot provide service for psychosis, bipolar disorder, substance disorders, or eating disorders.
- Patient is 26 years old or younger (for Psychiatry only)

FAX: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

**THErapy is not OHIP covered, but may be covered under insurance/health spending accounts. Patients can self-refer by emailing [intake@wholeheartmentalhealth.com](mailto:intake@wholeheartmentalhealth.com)**

- Individual, couple, family counselling
- Trauma focused therapy
- Executive Functioning Coaching/Academic coaching
- Parent Coaching
- Psychoeducational Assessment
- Registered Nutrition Consultation
- Meditation

- Groups:**
- DBT Skills (14+)
  - DBT Skills (18-24)
  - DBT Skills (Parents)
  - Study Skills Group